Hi (their name)

I hope you are doing well.

I wanted to check in and see how you are progressing with your health & fitness goals?

(LET THEM SPEAK A LITTLE, REPLY ACCORDINGLY, ie: oh not so well....

Well (their name)

This could be your lucky day.

I want to let you know of an opportunity I think you will love.

If you haven't heard, we are now an official FiiT Chick Transformation location.

Its an all Female group fitness Transformation program.

And its designed to have you Melting The most Fat, Losing cm's but best of all have you in the Healthiest, most Energetic state you have every been in.

So we can certainly help you with (whatever their goal are)

Before I continue (their name)

Is this something that you are interested in finding out more about?

Great...

Give them the finer details...

le: date, price, bring a friend discount.

(IF NO)

Ask them if they may know of anyone who maybe interested.